# ASPIRE55



## **HIGHLIGHTS**

Accompanied by ASPIRE55 staff

Local Japanese-English Translator

Curated programme focused on the secrets of healthy ageing in Okinawa

Daily programme incorporates exercise

Activities and tours relevant to theme

3 meals daily

Accommodation

Ground transport

Includes tips to driver and guide

Option to fly with Singapore group

PRICE PER PERSON	GROUND ONLY		GROUND+FLIGHT+TRANSFER	
	SINGLE	TWIN	SINGLE	TWIN
PUBLIC	S\$3,200	S\$2,600	S\$4,500	S\$3,900
ASPIRE55 SILVER MEMBER	S\$3,000	S\$2,400	S\$4,300	S\$3,700
ASPIRE55 GOLD MEMBER	S\$2,800	S\$2,200	S\$4,100	S\$3,500
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### www.aspire55.com





### **ASPIRE55 UNIQUELY OVER 50 HOLIDAYS**

# OKINAWA - HAWAII OF JAPAN 6D/5N ITINERARY

### **DAY 1 - THU, 14 SEPT 2017**

Night Depart Singapore Wed, 13 Sept Morning Transit Haneda, arrive Okinawa

Afternoon Check-in hotel

Evening Dinner
Night End of day



### **DAY 3 - SAT, 16 SEPT 2017**

Morning Breakfast

A date with nature

Afternoon Lunch

Okinawa's pursuit of happiness

Evening Free time Night Dinner

Evening programme

End of day



### **DAY 5 - MON, 18 SEPT 2017**

Mornina Breakfast

Discover the art of the soy diet

Afternoon Lunch

Visit the local community

Evening Free time Night Dinner

Evening programme

End of day





### **DAY 2 - FRI, 15 SEPT 2017**

Morning Breakfast

Introduction to Okinawa Local tour of Okinawa

Afternoon Lunch

Discover the Longevity Secrets

of the Okinawa diet

Evening Free time Night Dinner

Evening programme

End of day



### **DAY 4 - SUN, 17 SEPT 2017**

Morning Breakfast

Visit the Fish Market

Afternoon Lunch

Visit local crafts & produce

Evening Free time Night Dinner

Evening programme

End of day



### **DAY 6 - TUES. 19 SEPT 2017**

Morning Breakfast

Depart for Airport

Afternoon Depart Okinawa, transit Narita

Night Arrive Singapore

